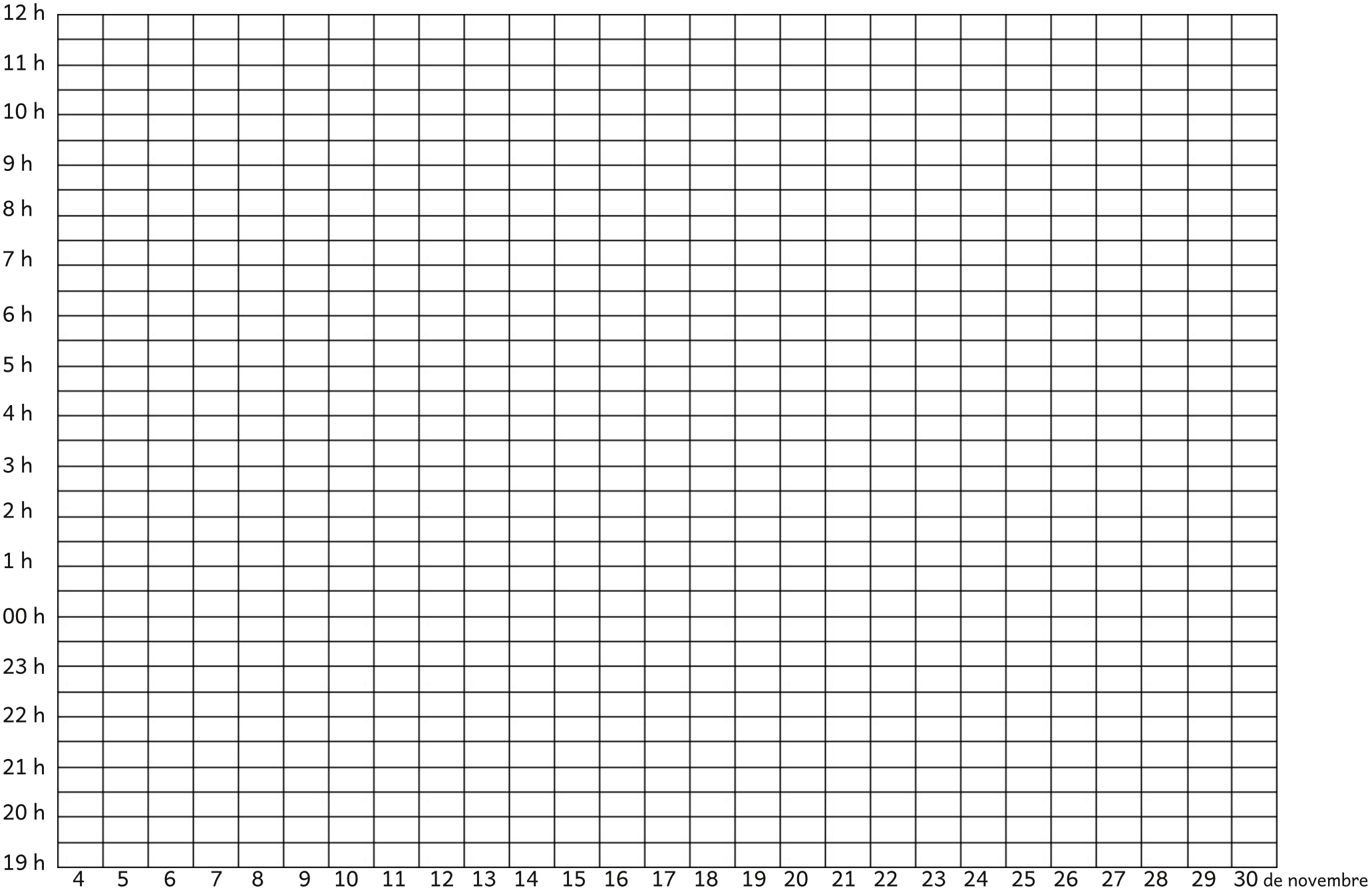Lo sòm : quant de temps dormissi cada nuèch ? (novembre de 2013)